

Self Design

In Pursuit of Personal Excellence

KENTUCKY WOMAN '94

The Event of the Year for the Kentucky Woman!

WORKSHOP TOPICS:

- Why Men Are The Way They Are
- Technology To Increase Productivity
- What You Don't Say Means A Lot
- Masks of Co-Dependency
- 7 Habits of Highly Effective People
- Yoga & Meditation
- Attachment/Separation - Coping With Loss
- Personal Power
- Nice Girls Don't Do Conflict
- Preventing Burnout
- How You Learned To Be The Way You Are
- Stress & Anxiety For The Changing 90's
- Do You Hear What I Am Saying?
- Setting Boundaries
- Questers - Open To Career Changes
- Professional Protocol
- Our Hurried Lives, Our Hurried Children
- Develop Your Intuitive Edge



Naomi Judd

Cost Includes: Continental Breakfast, Luncheon, Book Signing/Networking Reception, Conference Materials, Health Exhibits, Educational Resources, and Free 20 Minute Neck and Shoulder Massage on a First-come, First-served Basis

YOUR CHOICE:

Monday, October 3 — Galt House East, Louisville
 Tuesday, October 4 — Lexington Center Heritage Hall
 8:00 a.m. - 5:00 p.m.



Sponsored by:

TOYOTA

Created by:

COMMUNICATION EDUCATION

Tuesday, October 4 — Lexington Center Heritage Hall
8:00 a.m. - 5:00 p.m.

Naomi Judd



Dr. Adele Scheele
Best Selling Author
Skills for Success



Dr. Warren Farrell
Best Selling Author
Why Men Are The Way They Are

Walk-in registrations welcome
if space allows.

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**COMMUNICATION, EDUCATION
& LEADERSHIP FORUMS**

REGISTRATION FORM

If needed, please duplicate this registration form for friends.

Name _____

Home Address _____

City _____ State _____ Zip _____

Day Phone _____ Evening Phone _____

If you work outside of the home, please provide:

Job Title _____

Registration is \$45 per person.

REGISTRATION IS ON A FIRST-COME, FIRST SERVED BASIS

Your cancelled check is your receipt. No confirmation letter will be sent. For cancellations, a written notice postmarked no later than September 23 is required. Processing Fee of \$15.00 will be assessed.

Check the box that corresponds to your choice of date and city.

October 3 - Galt House East - Louisville

October 4 - Lexington Center Heritage Hall East - Lexington

Please make check or money order payable to "KENTUCKY WOMAN '94" and mail together with the registration form(s) to: "KENTUCKY WOMAN '94" • P.O. Box 7485 • Fairfax, VA 22039. For information call 1-800-352-0556.

(LW-2) Both facilities are accessible to the physically challenged. If you need translation for the hearing impaired, please check this box.

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